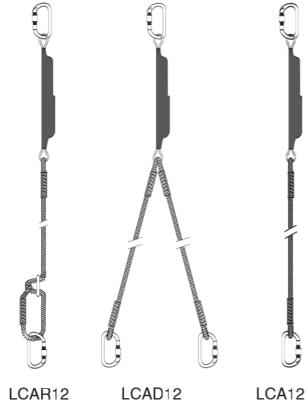
technical data sheet

FALL ARREST EQUIPMENT Lanyard with energy absorber

ref.: T-2116 GB

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Fonction

Lanyard with a energy absorber used as a connecting element between a fixed or mobile anchorage point and the attachment point on the harness.

The energy absorber safely stops a fall from a height. Without a shock absorber a free fall of more than 50 cm can cause serious injuries.

Description and principle

The lanyard is made of:

- stranded polyamide rope, diameter 12 mm
- polyamide rope with braided sheath, diameter
 11 mm
- polyester webbing, width 27 mm

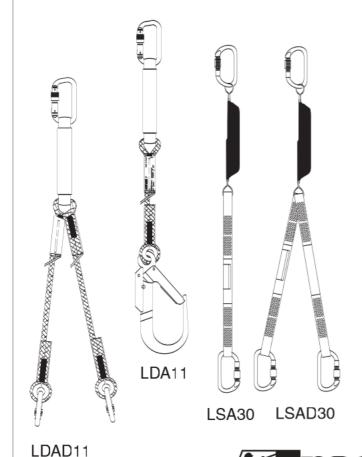
Webbing is the most economical but may get cut on sharp corners. Stranded rope offers good value for money. For applications on building sites, rope with braided sheath offers considerably greater durability and good resistance to moisture.

Two lengths of lanyard are available: 1.5 m and 2 m, and the LCAR model has an integral device for adjusting its length. The choice of the length depends on the application but the height of fall increases the length of the lanyard required.

A single lanyard (one strand) is used when the user attaches it to a fixed or mobile anchorage point (figure 1). A fork lanyard must be used when the user moves from one anchor to another on the structure (figure 2).

The energy absorber is the type in which the textile weft tears . It limits the shock to which the user is subjected in the event of a fall to less than 5 KN and will stop a 4 m free fall.

The connectors are either steel (for budget models) or light alloy. Models with a safety catch are preferable: either automatic locking or double locking snap hook. Connectors with a small opening are used for anchoring on rings, and connectors with a large opening for anchoring on structures or on scaffolding.



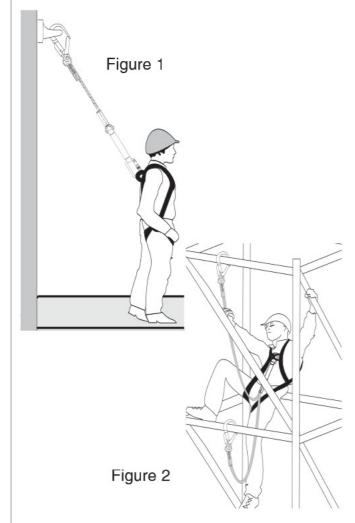
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LANYARDS

| Designation | Weight 1,5m | Weight 2m | | | | |
|-------------|-------------|-----------|--|--|--|--|
| LCA12 | 380g | 440g | | | | |
| LCAD12 | 540g | 640g | | | | |
| LCAR12 | 440g | 500g | | | | |
| LSA30 | 360g | 380g | | | | |
| LSAD30 | 400g | 470g | | | | |
| LDA11 | 280g | 320g | | | | |
| LDAD11 | 390g | 480g | | | | |
| | | | | | | |

CONNECTORS

| Designation | Weight (g) |
|-------------|------------|
| M10 | 170 |
| M11 | 160 |
| M15 | 75 |
| M41 | 225 |
| M51 | 455 |
| M52 | 245 |
| M53 | 520 |

Models

| LCA12- 1,5 / 2 | rope lanyard diam 12 mm length 1.5 or 2 m |
|-----------------|---|
| LCAR12- 1,5 / 2 | rope lanyard diam 12 mm length 1.5 or 2 m |
| LCAD12- 1,5 / 2 | twin rope lanyard diam 12 mm length 1.5 or 2 m |
| LSA30- 1,5 / 2 | webbing lanyard width 27 mm length 1.5 or 2 m |
| LSAD30- 1,5 / 2 | twin webbing lanyard width 27 mm length 1.5 or 2 m |
| LDA11-1,5/2 | braided sheath rope lanyard diam 11 mm length 1.5 or 2 m |
| LDAD11-1,5/2 | twin braided sheath rope lanyard diam 11 mm length 1.5 or 2 m |

Connector with small opening (18 to 20 mm)

| M10 | steel screw gate carabiner |
|-----|---------------------------------|
| M11 | steel twistlock carabiner |
| M15 | light alloy twistlock carabiner |

M41 steel double locking snap hook connector

Connector with large opening (60 mm)

| | | | - | - ' | - | |
|-----|-----------|-------|--------|---------|------|------|
| M51 | light | alloy | double | locking | snap | hook |
| | connector | | | | | |
| | | | | | | |

M52 light alloy automatic locking connectorM53 steel double locking snap hook connector

Technical specification

Complies with standard EN 353-2 CE type examination certificate issued by APAVE

Permissible attachments

Anchorage device EN 795 Connector EN 362 Harness EN 361



